

****Good Generic Start for Essay Instructions for a Self-improvement Book****

REFLECTIVE ESSAY ON _____

Write a five-paragraph essay on what you learned from the book and about yourself as you read this book. Make sure you proofread it. Please include what you plan on doing to improve yourself.

The following is a suggestion of an outline for your essay:

Introduction Paragraph- What is the message from the book? What inspired you?

Body Paragraph 1- What did you learn about yourself especially when it comes to the purpose of the book? Make sure you include examples.

Body Paragraph 2- What are your strengths and weaknesses you have discovered while reading this book? Make sure you include examples.

Body Paragraph 3- What are you going to change in your life to improve yourself, your circumstances or to help others? Make sure you include specific commitments and goals.

Conclusion Paragraph- Summarize where you have been and where you are going, and how your life will improve as you meet your goals.

****Good Generic Start to a Rubric****

Essay is at least _____ words.	_____	out of 10 points
Essay uses complete sentences.	_____	out of 10 points
Essay includes detailed paragraphs.	_____	out of 10 points
Essay is coherent (flows easily).	_____	out of 10 points
Essay uses correct grammar	_____	out of 5 points
No spelling errors	_____	out of 5 points
Total:	_____	out of 50 points